Proof of Sun's conjectures on Schröder-like numbers

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Abstract. For any non-negative integer n, define R_n and $R_n(x)$ by

$$R_{n} = \sum_{k=0}^{n} \binom{n+k}{2k} \binom{2k}{k} \frac{1}{2k-1} \text{ and } R_{n}(x) = \sum_{k=0}^{n} \binom{n+k}{2k} \binom{2k}{k} \frac{x^{k}}{2k-1},$$

respectively. We mainly prove that for any positive integer n and odd prime p,

$$\frac{3}{n} \sum_{k=0}^{n-1} R_k(x)^2 \in \mathbb{Z}[x],$$

$$3 \sum_{k=0}^{p-1} R_k^2 \equiv (11 + 4(-1)^{\frac{p+1}{2}})p \pmod{p^2},$$

which were originally conjectured by Z.-W. Sun.

Keywords: congruences; *p*-adic integer; Zeilberger algorithm *MR Subject Classifications*: 11A07; 11B65; 05A10

1 Introduction

In combinatorics, the Schröder numbers are given by

$$S_n = \sum_{k=0}^n \binom{n+k}{2k} \binom{2k}{k} \frac{1}{k+1},$$

which describes the number of paths from (0,0) to (n,n), using only steps (1,0), (0,1)and (1,1), that do not rise above the line y = x. For more information on these numbers, one refer to [7,8]. Some arithmetic properties of the Schröder numbers have been studied by Sun [9,11], Cao and Pan [1], and the first author [5].

Motivated by Schröder numbers, Z.-W. Sun [10] introduced the following interesting numbers (see also http://oeis.org/A245769)

$$R_n = \sum_{k=0}^n \binom{n+k}{2k} \binom{2k}{k} \frac{1}{2k-1},$$

and obtained many amazing arithmetic properties of these numbers. For example, Sun proved that for any odd prime p,

$$\sum_{k=0}^{p-1} R_k \equiv -p - (-1)^{\frac{p-1}{2}} \pmod{p^2}.$$

Sun also made the following conjecture [10, Conjecture 5.4]:

Conjecture 1.1 Suppose n is a positive integer and p is an odd prime. Then

$$\sum_{k=0}^{n-1} (2k+1)R_k^2 \equiv 0 \pmod{n},$$
(1.1)

$$\sum_{k=0}^{p-1} (2k+1)R_k^2 \equiv 4p(-1)^{\frac{p-1}{2}} - p^2 \pmod{p^3},$$
(1.2)

$$3\sum_{k=0}^{n-1} R_k^2 \equiv 0 \pmod{n},$$
(1.3)

$$3\sum_{k=0}^{p-1} R_k^2 \equiv (11+4(-1)^{\frac{p+1}{2}})p \pmod{p^2}.$$
 (1.4)

Recently, Guo and the first author [3] have successfully proved (1.1) and (1.2) by some combinatorial identities and Zeilberger algorithm.

For any positive integer n, Sun [10, (1.4)] defined the following polynomials:

$$R_n(x) = \sum_{k=0}^n \binom{n+k}{2k} \binom{2k}{k} \frac{x^k}{2k-1}.$$

The first aim of the paper is to prove Sun's stronger conjecture of (1.3), see the comments of http://oeis.org/A268136.

Theorem 1.2 Suppose n is a positive integer. Then

$$\frac{3}{n} \sum_{k=0}^{n-1} R_k(x)^2 \in \mathbb{Z}[x].$$
(1.5)

Moreover,

$$\frac{3}{n} \sum_{k=0}^{n-1} R_k^2 \equiv 1 \pmod{2}.$$
 (1.6)

Guo and the first author [3] introduced the following numbers:

$$W_n = \sum_{k=0}^n \binom{n+k}{2k} \binom{2k}{k} \frac{3}{2k-3},$$

and some similar arithmetic properties of these numbers have also been studied. The second aim of the paper is to show the following two congruences:

Theorem 1.3 If p is an odd prime, then (1.4) holds and we also have

$$35\sum_{k=0}^{p-1} W_k^2 \equiv (-77 - 4(-1)^{\frac{p+1}{2}})p \pmod{p^2}, \quad for \ p \ge 5.$$
(1.7)

In the next section, we first prove some important lemmas. The proof of Theorem 1.2 and 1.3 will be given in Section 3 and 4, respectively.

2 Some lemmas

Lemma 2.1 Suppose m is a non-negative integer. Then

$$\sum_{i=0}^{m} \sum_{j=0}^{m} \binom{x+j}{j} \binom{x-1}{j} \binom{j}{i} \binom{m}{i} \binom{i}{m-j} \frac{3}{(2i-1)(2m-2i-1)(2j+1)}$$
(2.1)

always takes integer values for all $x \in \mathbb{Z}$.

Proof. Let $P_m(x)$ denote the polynomial (2.1). For m = 0, 1, it is easy to check that $P_m(x)$ is integer-valued. Assume $m \ge 2$. Since $\binom{x+j}{j}\binom{x-1}{j} = \binom{-x+j}{j}\binom{-x-1}{j}$, we conclude that $P_m(x)$ is an even polynomial. Let

$$B_k(x) = \binom{x+k}{2k} + \binom{-x+k}{2k}$$

We can rewrite $P_m(x)$ as

$$P_m(x) = \sum_{k=0}^m d(m,k)B_k(x).$$

with $d(m,k) \in \mathbb{Q}$.

Note that

$$(-1)^k \binom{x+k}{k} \binom{x-1}{k} - (-1)^{k-1} \binom{x+k-1}{k-1} \binom{x-1}{k-1} = (-1)^k \binom{2k}{k} B_k(x)/2.$$

Taking the telescoping sum over k gives

$$(-1)^{j} \binom{x+j}{j} \binom{x-1}{j} = \sum_{k=0}^{j} (-1)^{k} \binom{2k}{k} B_{k}(x)/2.$$
(2.2)

Substituting (2.2) into (2.1), we conclude that

$$d(m,k) = \sum_{i=0}^{m} \sum_{j=k}^{m} \frac{3(-1)^{k+j} \binom{2k}{k} \binom{j}{i} \binom{m}{i} \binom{i}{m-j}}{2(2i-1)(2j+1)(2m-2i-1)}.$$

It suffices to prove that $d(m,k) \in \mathbb{Z}$ for $m \geq 2$.

We need the following two key results:

$$4(m-1)(m+1)d(m,k) + 4(m+2k+2)(m-k+1)d(m+1,k) - (k+1)(2k-m-1)d(m+1,k+1) = 0,$$
(2.3)

and

$$(2m+1)d(m,k)/3 \in \mathbb{Z}.$$
 (2.4)

Before proving the key results, let us draw conclusions from them.

Noting that $\binom{2k}{k}/2 = \binom{2k-1}{k}$ is an integer and (2i-1)(2j+1)(2m-2i-1) is an odd integer, we immediately get $d(m,k) \in \mathbb{Z}_2$, where \mathbb{Z}_p denotes the set of all *p*-adic integers for prime *p*.

If $3 \nmid 2m + 1$, by (2.4), we have $d(m, k) \in \mathbb{Z}_3$. If $m \equiv 1 \pmod{9}$ or $m \equiv 7 \pmod{9}$, then (2m + 1)/3 is coprime to 3. It follows from (2.4) that $d(m, k) \in \mathbb{Z}_3$. If $m \equiv 4 \pmod{9}$, then (m-1)(m+1)/3 and 2m+3 are both coprime to 3. From (2.4), we have $d(m+1, k)/3 \in \mathbb{Z}_3$ for all k, and so $d(m, k) \in \mathbb{Z}_3$ by (2.3).

Let $p \geq 5$ be a prime. If $p \nmid 2m + 1$, by (2.4), $d(m,k) \in \mathbb{Z}_p$. If $p \mid 2m + 1$, then $p \nmid 2m + 3$, and so $d(m+1,k) \in \mathbb{Z}_p$ for all k by (2.4). Noting that 2m + 1 = 2(m+1) - 1 and 2m + 1 = 2(m-1) + 3, we get $p \nmid (m+1)(m-1)$. It follows from (2.3) that $d(m,k) \in \mathbb{Z}_p$.

Now we have shown that $d(m,k) \in \mathbb{Z}_p$ for any prime p and $m \ge 2$. This implies that $d(m,k) \in \mathbb{Z}$ for $m \ge 2$. So we still have to prove (2.3) and (2.4).

We first prove that

$$\frac{(2m+1)d(m,k)}{3} = \sum_{i=0}^{m} \binom{2k}{k} \binom{k}{i} \binom{m}{i} \binom{i}{m-k} \left(\frac{m-k}{m(m-1)} - \frac{2m-2k-1}{2(2i-1)(2m-2i-1)}\right).$$
(2.5)

Note that

$$2(2k+1)(-1)^k \binom{2k}{k} + (k+1)(-1)^{k+1} \binom{2k+2}{k+1} = 0$$

Then we have

$$2(2k+1)d(m,k) + (k+1)d(m,k+1) = \sum_{i=0}^{k} \frac{3\binom{2k}{k}\binom{k}{i}\binom{m}{i}\binom{i}{m-k}}{(2i-1)(2m-2i-1)}.$$
 (2.6)

Define

$$S(m,k) = 2m(m-1)(2m+1)d(m,k) + (m-2k)(m-2k+1)(2m-2k-1)D(m,k) + 16(1-2k)(k-m-1)(k-m)D(m,k-1),$$
(2.7)

where D(m, k) denotes the left-hand side of (2.6). Applying the Zeilberger algorithm [6] to the right-hand side of (2.6), we get the following recurrence for D(m, k):

$$2(2k+3)S(m,k+1) + (k+2)S(m,k+2) = 0.$$
(2.8)

By Zeilberger algorithm, we find that d(m, 0) = 0 for $m \ge 2$, and so by (2.6) and (2.7) we have S(m, 0) = 0 for $m \ge 2$. It follows from (2.8) and induction that S(m, k) = 0 for $m \ge 2$ and $k \ge 0$, that is

$$2m(m-1)(2m+1)d(m,k) + (m-2k)(m-2k+1)(2m-2k-1)D(m,k) + 16(1-2k)(k-m-1)(k-m)D(m,k-1) = 0.$$
(2.9)

Substituting (2.6) into the left-hand side of (2.9) and then noting that

$$\frac{3(m-2k)(m-2k+1)(2m-2k-1)}{(2i-1)(2m-2i-1)} \binom{2k}{k} \binom{k}{i} \binom{m}{i} \binom{i}{m-k} \\ + \frac{48(1-2k)(k-m-1)(k-m)}{(2i-1)(2m-2i-1)} \binom{2k-2}{k-1} \binom{k-1}{i} \binom{m}{i} \binom{i}{m-k+1} \\ = \left(\frac{3m(m-1)(2m-2k-1)}{(2i-1)(2m-2i-1)} + 6(k-m)\right) \binom{2k}{k} \binom{k}{i} \binom{m}{i} \binom{i}{m-k},$$

we conclude the proof of (2.5). Substituting (2.5) into the left-hand side of (2.3) and then applying Zeilberger algorithm again, we can prove (2.3).

In order to prove (2.4), it suffices to prove that every term on the right-hand side of (2.5) is an integer. Note that (see [3, (2.1)])

$$\binom{2i}{i}\binom{2m-2i}{m-i}\binom{2k}{k}\binom{k}{i}\binom{m}{i}\binom{i}{m-k},$$

and $2(2i-1) \mid \binom{2i}{i}$. It follows that

$$\binom{2k}{k}\binom{k}{i}\binom{m}{i}\binom{i}{m-k}\frac{2m-2k-1}{2(2i-1)(2m-2i-1)}$$

is always an integer. We still have to prove

$$\binom{2k}{k}\binom{k}{i}\binom{m}{i}\binom{i}{m-k}\frac{m-k}{m(m-1)} = \binom{2k}{k}\binom{k}{i}\binom{m-1}{i-1}\binom{i-1}{m-k-1}\frac{1}{m-1}$$

is an integer. For the p-adic order of n!, there is a known formula

$$\operatorname{ord}_p n! = \sum_{j=1}^{\infty} \left\lfloor \frac{n}{p^j} \right\rfloor,$$

where |x| denotes the greatest integer less than or equal to a real number x. Applying this method, it suffices to prove that for any positive integer $q \ge 2$

$$\left\lfloor \frac{2k}{q} \right\rfloor - \left\lfloor \frac{k}{q} \right\rfloor - \left\lfloor \frac{k-i}{q} \right\rfloor - \left\lfloor \frac{i}{q} \right\rfloor$$

$$+ \left\lfloor \frac{m-2}{q} \right\rfloor - \left\lfloor \frac{m-i}{q} \right\rfloor - \left\lfloor \frac{m-k-1}{q} \right\rfloor - \left\lfloor \frac{i+k-m}{q} \right\rfloor \ge 0.$$

$$(2.10)$$

We distinguish two cases to prove (2.10).

If $\left\lfloor \frac{m-2}{q} \right\rfloor \ge \left\lfloor \frac{m-i}{q} \right\rfloor + \left\lfloor \frac{m-k-1}{q} \right\rfloor + \left\lfloor \frac{i+k-m}{q} \right\rfloor$, then (2.10) is obviously true. If $\left\lfloor \frac{m-2}{q} \right\rfloor = \left\lfloor \frac{m-i}{q} \right\rfloor + \left\lfloor \frac{m-k-1}{q} \right\rfloor + \left\lfloor \frac{i+k-m}{q} \right\rfloor - 1$, then there exist integers a_1, a_2 and a_3 such that $m - i = a_1q, m - k - 1 = a_2q$ and $i + k - m = a_3q$. So we have $k = (a_1 + a_3)q$, $i = (a_2 + a_3)q + 1$ and $k - i = (a_1 - a_2)q - 1$. It follows that

$$\left\lfloor \frac{2k}{q} \right\rfloor - \left\lfloor \frac{k}{q} \right\rfloor - \left\lfloor \frac{k-i}{q} \right\rfloor - \left\lfloor \frac{i}{q} \right\rfloor = 1,$$

which implies that (2.10) is true.

Lemma 2.2 Let p be an odd prime and m be an integer such that $0 \le m \le 2p-2$. Then

$$\sum_{i=0}^{p-1} \sum_{j=0}^{p-1} (-1)^{j} {j \choose i} {m \choose i} {i \choose m-j} \frac{3}{(2i-1)(2m-2i-1)(2j+1)}$$

$$\equiv \begin{cases} 3 \pmod{p}, & if \ m = 0, \\ 2 \pmod{p}, & if \ m = 1, \\ 6 \pmod{p}, & if \ m = p, \\ 4(-1)^{\frac{p+1}{2}} \pmod{p}, & if \ m = \frac{3p-1}{2}, \\ 0 \pmod{p}, & otherwise. \end{cases}$$

$$(2.11)$$

Proof. Let $S_p(m)$ denote the left-hand side of (2.11). We distinguish three cases to prove (2.11).

Case 1. m = 0 or 1. It is easy to verify that $S_p(0) = 3$ and $S_p(1) = 2$. Case 2. $2 \le m \le p-1$. In this event, we have

$$S_p(m) = \sum_{i=0}^m \binom{m}{i} \frac{3}{(2i-1)(2m-2i-1)} \sum_{j=0}^m (-1)^j \binom{j}{i} \binom{i}{m-j} \frac{1}{2j+1}$$
$$= (-1)^m \sum_{i=0}^m \binom{m}{i}^2 \binom{2m}{2i}^{-1} \frac{3}{(2m+1)(2i-1)(2m-2i-1)}$$
$$= 0,$$

where we have utilized the following two identities:

$$\sum_{j=0}^{m} (-1)^{j} {j \choose i} {i \choose m-j} \frac{1}{2j+1} = \frac{(-1)^{m}}{2m+1} {m \choose i} {2m \choose 2i}^{-1}, \qquad (2.12)$$

$$\sum_{i=0}^{m} {m \choose i}^{2} {2m \choose 2i}^{-1} \frac{1}{(2i-1)(2m-2i-1)} = 0, \quad \text{for } m \ge 2,$$

which can be proved by Zeilberger algorithm [4, 6].

Case 3. $p \le m \le 2p - 2$. If $m - i \le j \le p - 1$, then $\binom{m}{i} \equiv 0 \pmod{p}$. Otherwise $\binom{i}{m-j} = 0$. This implies that

$$\binom{j}{i}\binom{m}{i}\binom{i}{m-j}\frac{1}{(2i-1)(2m-2i-1)(2j+1)} \equiv 0 \pmod{p},$$

unless $i = \frac{p+1}{2}, m - \frac{p+1}{2}$. It follows that

$$S_{p}(m) \equiv \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{m}{\frac{p+1}{2}}} {\binom{m}{\frac{p+1}{2}}} \frac{3}{p(2m-p-2)(2j+1)} \\ + \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{m-\frac{p+1}{2}}} {\binom{m}{\frac{p+1}{2}}} {\binom{m-\frac{p+1}{2}}{m-j}} \frac{3}{p(2m-p-2)(2j+1)} \\ = 2 \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{m}{\frac{p+1}{2}}} {\binom{p+1}{2}} \frac{3}{p(2m-p-2)(2j+1)} \\ = \frac{6}{p(2m-p-2)} {\binom{m}{\frac{p+1}{2}}} \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{p+1}{2}} \frac{1}{(m-j)} \frac{1}{2j+1} \pmod{p}.$$
(2.13)

If $\frac{3p+1}{2} \le m \le 2p-2$, then $\binom{\frac{p+1}{2}}{m-j} = 0$ for $0 \le j \le p-1$, and so $S_p(m) \equiv 0 \pmod{p}$. If $m = \frac{3p-1}{2}$, then $\binom{\frac{p+1}{2}}{m-j} = 0$ for $0 \le j \le p-2$, and so

$$S_p\left(\frac{3p-1}{2}\right) \equiv \frac{2}{p} \binom{\frac{3p-1}{2}}{\frac{p+1}{2}} \binom{p-1}{\frac{p+1}{2}} \equiv 4(-1)^{\frac{p+1}{2}} \pmod{p}.$$

If m = p or $p + 2 \le m \le \frac{3p-3}{2}$, then $\frac{6}{p(2m-p-2)} {m \choose \frac{p+1}{2}}$ is a *p*-adic integer. Noting that ${j \choose \frac{p+1}{2}} \frac{1}{2j+1} \equiv 0 \pmod{p}$ for $p \le j \le m$ and applying (2.12), we obtain

$$\sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{\frac{p+1}{2}}{m-j}} \frac{1}{2j+1}$$

$$= \sum_{j=0}^{m} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{\frac{p+1}{2}}{m-j}} \frac{1}{2j+1} - \sum_{j=p}^{m} (-1)^{j} {\binom{j}{\frac{p+1}{2}}} {\binom{\frac{p+1}{2}}{m-j}} \frac{1}{2j+1}$$

$$\equiv \frac{(-1)^{m}}{2m+1} {\binom{m}{\frac{p+1}{2}}} {\binom{2m}{p+1}}^{-1} \pmod{p}.$$
(2.14)

It is easy to see that

$$\frac{(-1)^m}{2m+1} \binom{m}{\frac{p+1}{2}} \binom{2m}{p+1}^{-1} \equiv \begin{cases} (-1)^{\frac{p+1}{2}} \pmod{p}, & \text{if } m = p, \\ 0 \pmod{p}, & \text{if } p+2 \le m \le \frac{3p-3}{2}. \end{cases}$$
(2.15)

Combining (2.13)-(2.15) and noting that

$$\frac{1}{p} \binom{p}{\frac{p+1}{2}} = \frac{1}{(p+1)/2} \binom{p-1}{\frac{p-1}{2}} \equiv 2(-1)^{\frac{p-1}{2}} \pmod{p}, \tag{2.16}$$

we obtain

$$S_p(p) \equiv 6 \pmod{p},$$

 $S_p(m) \equiv 0 \pmod{p}, \text{ for } p+2 \leq m \leq \frac{3p-3}{2}.$

If m = p + 1, then

$$\begin{split} S_p(p+1) \\ &= \frac{6}{p^2} \binom{p+1}{\frac{p+1}{2}} \sum_{j=0}^{p-1} (-1)^j \binom{j}{\frac{p+1}{2}} \binom{\frac{p+1}{2}}{p+1-j} \frac{1}{2j+1} \\ &= \frac{6}{p^2} \binom{p+1}{\frac{p+1}{2}} \binom{p+1}{\left(\sum_{j=0}^{p+1} (-1)^j \binom{j}{\frac{p+1}{2}} \binom{\frac{p+1}{2}}{p+1-j} \frac{1}{2j+1} + \binom{p}{\frac{p+1}{2}} \frac{p+1}{2(2p+1)} - \binom{p+1}{\frac{p+1}{2}} \frac{1}{2p+3} \binom{p}{2p+3} \\ &= \frac{6}{p^2} \binom{p+1}{\frac{p+1}{2}} \binom{1}{2p+3} \binom{p+1}{\frac{p+1}{2}} \binom{2p+2}{p+1}^{-1} + \binom{p}{\frac{p+1}{2}} \frac{p+1}{2(2p+1)} - \binom{p+1}{\frac{p+1}{2}} \frac{1}{2p+3} \binom{p}{2p+3} \\ &\equiv \frac{1}{p} \binom{p+1}{\frac{p+1}{2}} \binom{3}{p} \binom{p}{\frac{p+1}{2}} - \frac{3}{2p} \binom{p+1}{\frac{p+1}{2}} \end{pmatrix} \pmod{p}. \end{split}$$

Noting that

$$\frac{1}{p}\binom{p+1}{\frac{p+1}{2}} = \frac{2}{p}\binom{p}{\frac{p+1}{2}} \equiv 4(-1)^{\frac{p-1}{2}} \pmod{p}$$

with the help of (2.16), we get $S_p(p+1) \equiv 0 \pmod{p}$. This completes the proof. \Box

Lemma 2.3 Let $p \ge 11$ be a prime and m be an integer such that $0 \le m \le 2p-2$. Then

$$35 \sum_{i=0}^{p-1} \sum_{j=0}^{p-1} (-1)^{j} {j \choose i} {m \choose i} {i \choose m-j} \frac{9}{(2i-3)(2j+1)(2m-2i-3)}$$

$$\equiv \begin{cases} 35, -70, 64 \pmod{p}, & if \ m = 0, 1, 3, \ respectively, \\ 70, -140, -36 \pmod{p}, & if \ m = p, p+1, p+3, \ respectively, \\ 80(-1)^{\frac{p+1}{2}} \pmod{p}, & if \ m = \frac{3p-1}{2}, \\ 84(-1)^{\frac{p-1}{2}} \pmod{p}, & if \ m = \frac{3p+1}{2}, \\ 0 \pmod{p}, & otherwise. \end{cases}$$

$$(2.17)$$

Proof. Let $T_p(m)$ denote the left-hand side of (2.17). If m = 0, 1, 2, 3, we can check the values of $T_p(m)$ directly. If $4 \le m \le p - 1$, we use the following identity

$$\sum_{i=0}^{m} \binom{m}{i}^2 \binom{2m}{2i}^{-1} \frac{1}{(2i-3)(2m-2i-3)} = 0, \text{ for } m \ge 4.$$

If $p \leq m \leq 2p - 2$, then

$$T_{p}(m) \equiv 35 \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+3}{2}}} {\binom{m}{\frac{p+3}{2}}} {\binom{m}{\frac{p+3}{2}}} \frac{9}{p(2m-p-6)(2j+1)} + 35 \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{m-\frac{p+3}{2}}} {\binom{m}{\frac{p+3}{2}}} {\binom{m-\frac{p+3}{2}}{m-j}} \frac{9}{p(2m-p-6)(2j+1)} = 70 \sum_{j=0}^{p-1} (-1)^{j} {\binom{j}{\frac{p+3}{2}}} {\binom{m}{\frac{p+3}{2}}} {\binom{p+3}{2}} \frac{9}{p(2m-p-6)(2j+1)} \pmod{p}.$$

The rest of the proof is similar to that of (2.11), and we omit the details.

3 Proof of Theorem 1.2

Proof of (1.5). By [2, (2.5)], we have

$$\binom{k}{i}\binom{k+i}{i}\binom{k}{j}\binom{k+j}{j} = \sum_{r=0}^{i}\binom{i+j}{i}\binom{j}{i-r}\binom{j+r}{r}\binom{k}{j+r}\binom{k+j+r}{j+r}$$
$$= \sum_{s=j}^{i+j}\binom{i+j}{i}\binom{j}{s-i}\binom{s}{j}\binom{k}{s}\binom{k+s}{s}.$$
(3.1)

Using (3.1) and the fact that $\binom{k+i}{2i}\binom{2i}{i} = \binom{k}{i}\binom{k+i}{i}$, we get

$$\begin{split} &3\sum_{k=0}^{n-1} R_k(x)^2 \\ &= \sum_{k=0}^{n-1} \sum_{i=0}^k \sum_{j=0}^k \binom{k+i}{2i} \binom{2i}{i} \binom{k+j}{2j} \binom{2j}{j} \frac{3x^{i+j}}{(2i-1)(2j-1)} \\ &= \sum_{k=0}^{n-1} \sum_{i=0}^k \sum_{j=0}^k \sum_{s=j}^{i+j} \binom{i+j}{i} \binom{j}{s-i} \binom{s}{j} \binom{k}{s} \binom{k+s}{s} \frac{3x^{i+j}}{(2i-1)(2j-1)} \\ &= \sum_{k=0}^{n-1} \sum_{m=0}^{2k} \sum_{s=0}^m \sum_{i=0}^s \binom{m}{i} \binom{m-i}{m-s} \binom{s}{m-i} \binom{k}{s} \binom{k+s}{s} \frac{3x^m}{(2i-1)(2m-2i-1)} \\ &= \sum_{m=0}^{2n-2} \sum_{s=0}^m \sum_{i=0}^s \sum_{k=0}^{n-1} \binom{m}{i} \binom{m-i}{m-s} \binom{s}{m-i} \binom{k}{s} \binom{k+s}{s} \frac{3x^m}{(2i-1)(2m-2i-1)}, \end{split}$$

where m = i + j. Applying $\binom{m-i}{m-s}\binom{s}{m-i} = \binom{s}{i}\binom{i}{m-s}$ and the following identity

$$\sum_{k=0}^{n-1} \binom{k}{s} \binom{k+s}{s} = \binom{n+s}{s} \binom{n-1}{s} \frac{n}{2s+1},$$

which can be easily proved by induction on n, we obtain

$$3\sum_{k=0}^{n-1} R_k(x)^2$$

= $n\sum_{m=0}^{2n-2} \sum_{s=0}^m \sum_{i=0}^m \binom{n+s}{s} \binom{n-1}{s} \binom{m}{i} \binom{s}{i} \binom{i}{m-s} \frac{3x^m}{(2s+1)(2i-1)(2m-2i-1)}.$
(3.2)

Then the proof of (1.5) directly follows from Lemma 2.1 and (3.2). \Box *Proof of* (1.6). Letting x = 1 in (3.2), we immediately get

$$\frac{3}{n}\sum_{k=0}^{n-1}R_k^2 \equiv \sum_{m=0}^{2n-2}\sum_{s=0}^m\sum_{i=0}^m \binom{n+s}{s}\binom{n-1}{s}\binom{m}{i}\binom{s}{i}\binom{i}{m-s} \pmod{2}.$$
 (3.3)

Noting that

$$\binom{s}{i}\binom{i}{m-s} = \binom{s}{m-s}\binom{2s-m}{s-i},$$

and then applying the Chu-Vandermonde identity to (3.3) yields

$$\frac{3}{n}\sum_{k=0}^{n-1}R_k^2 \equiv \sum_{m=0}^{2n-2}\sum_{s=0}^m \binom{n+s}{s}\binom{n-1}{s}\binom{s}{m-s}\binom{2s}{s} \pmod{2}.$$
 (mod 2). (3.4)

Since $\binom{2s}{s} = 2\binom{2s-1}{s-1}$ for $s \ge 1$, we conclude that every term on the right-hand side of (3.4) is even except for m = s = 0. It follows that

$$\frac{3}{n} \sum_{k=0}^{n-1} R_k^2 \equiv 1 \pmod{2}.$$

This completes the proof of (1.6).

4 Proof of Theorem 1.3

Proof of (1.4). Letting n = p and x = 1 in (3.2), and then noting that for $0 \le s \le p - 1$

$$\binom{p+s}{s}\binom{p-1}{s} \equiv (-1)^s \pmod{p^2},$$

and for $0 \le s, i \le p-1$ and $0 \le m \le 2p-2$

$$\binom{m}{i}\binom{s}{i}\binom{i}{m-s}\frac{3p}{(2s+1)(2i-1)(2m-2i-1)} \in \mathbb{Z}_p,$$

we obtain

$$3\sum_{k=0}^{p-1} R_k^2$$

$$\equiv p \sum_{m=0}^{2p-2} \sum_{s=0}^{p-1} \sum_{i=0}^{p-1} (-1)^s \binom{m}{i} \binom{s}{i} \binom{i}{m-s} \frac{3}{(2s+1)(2i-1)(2m-2i-1)} \pmod{p^2}.$$
(4.1)

Combining (2.11) and (4.1), we have

$$3\sum_{k=0}^{p-1} R_k^2 \equiv (3+2+6+4(-1)^{\frac{p+1}{2}})p$$
$$\equiv (11+4(-1)^{\frac{p+1}{2}})p \pmod{p^2}$$

This completes the proof of (1.4).

Proof of (1.7). For p = 5, 7, it is easy to verify that (1.7) holds. For $p \ge 11$, we apply (2.17) and then obtain

$$35\sum_{k=0}^{p-1} W_k^2 \equiv (-77 - 4(-1)^{\frac{p+1}{2}})p \pmod{p^2}.$$

The proof runs analogously, and we omit the details.

Acknowledgments. The authors would like to thank the anonymous referee for valuable comments which improved the presentation of the paper.

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